

Chickpea Salad Sandwiches

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INGREDIENTS

1 can or 2 cups chickpeas (I prefer home cooked as they are usually softer)
2 celery stalks, finely chopped
1 green onion, thinly sliced
1/3 cup chopped dill pickles
½ cup finely chopped red bell pepper
1/3 – ½ cup homemade cashew cream or mayonnaise
1 garlic clove
2 tsp yellow mustard
2 tsp minced fresh dill
3 tsp fresh lemon juice
¾ tsp salt, or to taste
Black pepper
Pineapple tidbits or halved grapes (optional and to taste)

INSTRUCTIONS

Smash chickpeas in a bowl. Add the rest of the ingredients and mix until well combined.
Taste and add more cashew cream, mustard, dill, lemon juice, salt or pepper if needed.
Serve on bread or croissants, crackers, on top of a salad or on its own!