

Healthful Breakfast Cookies

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Makes 10-15 cookies

INGREDIENTS

2 spotted ripe bananas
½ cup dates
2 Tbsp coconut oil
1 tsp vanilla
½ tsp cinnamon
2 cups rolled oats (I like a mix of large and quick oats)
2 Tbsp ground flax
1 tsp baking powder
¼ tsp salt
1/3 cup raisins
1/3 cup chocolate chips



INSTRUCTIONS

Preheat oven to 350°F.

Add the bananas, dates, coconut oil, vanilla and cinnamon to a Vitamix and blend until smooth. Pour into a mixing bowl and add oats, flax, baking powder and salt. Mix until combined.

Add raisins and chocolate chips, mix until combined.

Scoop with a large cookie scoop onto parchment lined baking sheets. Bake for 12-15 minutes. Enjoy warm or cool.