

Macadamia Cocoa Energy Bites

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makes 35-40 bites

INGREDIENTS

- ½ cup salted macadamia nuts
- ½ cup almonds (raw or roasted)
- 1/3 cup cashews (raw or roasted)
- 1/3 cup coconut
- 2 tbsp hemp hearts
- 2 Tbsp chia seeds
- 2 tbsp cocoa
- 2 cups dates, any kind
- ¼ cup raw creamed honey
- ¼ cup natural peanut butter
- ¼ cup desiccated coconut, for rolling balls in (optional)



INSTRUCTIONS

In a food processor, put everything from the macadamia nuts to the dates in with the chopping blade. Chop until everything is the texture of a crumble or meal. Pour this mixture into a bowl and add honey and peanut butter. Mix with your hands until fully mixed together.

Roll into 1 inch balls. If desired, roll in the desiccated coconut.